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Kid's Trail for Art, Science & Sports Coming to Poughkeepsie Galleria

Poughkeepsie, NY – Join Hudson Valley Parent as they take over Poughkeepsie Galleria on Saturday, September 22nd with dozens of local experts in STEAMS (science, technology, engineering, arts, math and sports) programs for children and tweens.

Together with Poughkeepsie Galleria, Hudson Valley Parent's goal is to empower kids in the community to make informed choices as we build the next generation of leaders. Families are invited to take part in hands-on demonstrations, performances and information located throughout the mall.

Vendors include Ashburn Family Chiropractic, Dr. B Smiles/ Bonavoglia Orthodontics, Drone Tech USA, HV Center for Neurofeedback, Anthony Quatrochi Martial Arts, British Swim School HV, Fleet Feet Sports, Frost Valley YMCA: Bear Grylls Survival, Kids Yoga Spot, Phoenix Center, Amelia Seyssel Music Studio, NY Academy of Ballet, LeClerc's Martial Arts, Oakwood Friends School, Rascals NY, All Sport Health and Fitness, Children's Community Theater and Soul on Fire Center for Expressive Arts.

For information on this and our many upcoming events please visit [Poughkeepsie Galleria's website](#).

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About Poughkeepsie Galleria

Poughkeepsie Galleria is Dutchess County's largest, most dominant shopping destination for over 30 years. Anchored by Macy's, Target, Best Buy, Sears, JCPenney, Dick's Sporting Goods, Poughkeepsie Galleria offers 120 retail shops including entertainment destinations Regal Cinemas and K1 Speed. Additional information can be found at www.PoughkeepsieGalleriamall.com and you can find Poughkeepsie Galleria on Facebook ([Facebook.com/PoughkeepsieGalleria](https://www.facebook.com/PoughkeepsieGalleria)), Twitter ([@PokGalleria](https://twitter.com/PokGalleria)) and Instagram ([@Poughkeepsie_Galleria](https://www.instagram.com/Poughkeepsie_Galleria)).